



Spiritually Healthy Christians

Seven Habits for Good Spiritual Health

1. I must _____ supremely.

Spiritual health is measure by _____.

2. I must _____.

3. I must _____ and _____ His Word.

4. I must _____ my income.

5. I must learn to _____.

6. I must _____.

7. I must pass on the _____.

Healthy questions:

1. How do you have daily time with God? What is your normal routine?

2. What typically interferes with your time with God?

3. Since spiritual growth is not automatic. It's a choice, in what ways have you chosen to grow spiritually? What has been most effective in helping you grow?

4. Out of these seven habits which ones do you struggle with the most?

5. What is your plan to grow in these areas?